

Shu Ren International School

树人国际学校



After School Program Fall 2008

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Dear Parents and Students:

Shu Ren International School is pleased to offer a wide range of fun and educational enrichment classes in our after-school program, most of which are taught in Mandarin Chinese. Our goal is to provide continuous exposure for students who are interested in learning Mandarin and the cultural enrichment experience in a fun environment.

Program Overview

Our after-school program is open to both Shu Ren students and students from surrounding schools (K and up). There will be three sessions in the 2008 -09 school year: Fall (September 22 – December 12), Winter (January 5 – March 27), and Spring (April 6 – June 15). The Program runs between 3pm and 6pm from Monday to Friday. During these three hours, a student may sign up for a Chinese language class, a Chinese cultural enrichment class, Extended Care for homework supervision and Mandarin tutoring, or any combination of these three options. Each class will meet 10 times per session (except for the Monday class in the Winter Session, which has only 9 classes). Students must enroll at the beginning of each session.

Fall Class Overview

We provide the following classes this session and detailed information is provided in later in this Catalog.

- Introductory Mandarin
- Intermediate/Advanced Mandarin
- Chinese Brush Painting
- Chinese Wushu
- Chen Style Tai Ji
- Chinese Calligraphy
- Chinese Gu Zheng
- Extended Care (Homework supervision and Mandarin Tutoring)

Chinese Language Classes

The Chinese language classes are most effective when students take them on a daily basis especially those who are not in an immersion program during school hours. We require a student to attend at least two classes per week to keep the minimal amount of continuity. In particular, it is highly recommended that a student take classes on Mondays and Wednesdays where new content is introduced. Tuesdays, Thursday, and Fridays will be mostly review and more in-depth exploration of the new contents. For students who are not taking classes on these days, it is recommended that they have tutoring at home on the materials so that they are able to follow the class' progress.

How to Register

Please look at the class schedule, fill out the Registration Form and return it to Shu Ren International School by Friday, September 19 with a check covering all selected classes and fees made payable to Shu Ren International School. Please note that your check must accompany your Registration Form in order to reserve a spot in the class. Class registration is on a first come, first served basis.

Class Confirmation and Cancellation

- Class confirmation will be emailed to parents by Wednesday, September 17.
- A minimum number of students are required for a class to be held. It is possible for a class/session to be cancelled without the minimal number of students. Class cancellation will be emailed to parents on Friday, September 19. When that happens, students signed up for this class/session will be allowed to take another class or session if they wish.
- In the event a class meeting is cancelled, it will be made up at a later date. If no date is available for the make-up class, refund will be issued.

Refund

There will be no refund or changes once classes begin. Transfers from one class to another will require a fee unless initiated by Shu Ren. The School will contact you if your child does NOT get into a class due to under or over enrollment and a full refund will be given.

Classes will not be held on the following dates

- Tuesday, September 23, Back to school night
- Monday, October 13, Columbus Day
- Tuesday, November 11, Veterans' Day
- Thursday and Friday, November 20 – 21, Parent Conference
- Thursday and Friday, November 27 – 28, Thanksgiving

Last day of classes by class day

- Monday classes: December 1
- Tuesday classes: December 9
- Wednesday classes: November 26
- Thursday classes: December 11
- Friday classes: December 12

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After School Enrichment Program Catalog
September 22 – December 12

All classes are taught in Mandarin. All class fees are for one 45 minute class a week for 10 weeks.

1. Introductory Mandarin (中文入门)

This class aims to teach students basic conversational Mandarin in a group setting through fun interactive activities such as storytelling, singing, and dancing. Students will learn vocabulary used in everyday life such as introducing themselves to others, greetings, counting, talking about weather, school, family, shopping, holidays, etc. If a student takes this class regularly during a week, they would be able to recognize about 100 Chinese characters after a year.

Instructor: Meng-Pei Chen

Time/Day: Monday to Thursday, 3:30pm – 4:15pm, Friday, 4:30pm – 5:15pm

Grades: K and up

Class Fee: \$120/class if sign up for 2-3 classes per week, \$108/class if sign up for 4-5 classes per week

Textbook Fee: \$23.50 (including a textbook, a workbook, flash cards, and an audio CD)

2. Intermediate/Advanced Mandarin (中/高级中文)

This class is for students who already have basic listening, conversational and reading skills in Mandarin as outlined in the Introductory Mandarin class description. In this class, the focus is to learn to express more complex ideas, increase vocabulary and Chinese character recognition, learn to write more Chinese characters, and read original literature. Another important goal is to develop an interest in Chinese literature, history, and art. Teacher will use a student-centered, teacher-guided approach to engage the students in each story book, improving their listening & reading comprehension and speech through story reading and group discussion format. New vocabulary will be learned from each reading assignment.

Instructor: Kai Yao To

Time/Day: Mondays, Wednesdays, and Fridays, 3:30pm – 4:15pm; Tuesdays and Thursdays, 4:30pm – 5:15pm

Grades: K and up

Class Fee: \$120/class if sign up for 2-3 classes per week, \$108/class if sign up for 4-5 classes per week

Textbook Fee: \$23.50 (including a textbook, a workbook, flash cards, and an audio CD)

3. Chinese Brush Painting (中国水墨画)

Chinese brush painting started in the Warring States Period (403-221 B.C.), more than two thousand years ago. In Chinese Brush Painting, each brush stroke is a defining move that produces a portion of the painting that is neither improved upon nor corrected. No sketch is prepared and no model is used; the artist paints with rapid, mentally constructed strokes transporting a 'mind image' to the paper. In addition, Chinese Brush Painting is meant to be more than a representation of an object; it is also a symbolic expression. This is why a full plant is never painted, but rather a few blossoms which will represent the plant in its entirety, and, in fact, all of life - a Tao principle. Rather than looking at the subject as you paint, you're bringing it forth from your mind and heart and becoming part of nature. The tools used for brush painting are called "Four treasures of stationary". They are brushes, inkstick, inkstone, and paper. Other accessories

such as color pigment, color chips and stamps are also used. Subjects of Chinese brush painting usually include figure painting, landscape, trees and flowers, birds and insects and story telling types of painting. In this class you will learn brush technique, ink technique, composition, and concept.

Instructor: Kai Yao To

Time/Day: Mondays, 4:30pm – 5:15pm

Grades: K and up

Class Fee: \$150

Additional cost: Students will need to buy brushes, ink, inkstick, inkstone, color pigment, mat, and papers. The Instructor will provide more information before the class on what and where to buy.

4. Chinese Wushu (中国武术)

In this class, the instructors will teach young children the basics of Chinese Wushu - the modern system of Chinese martial arts. A regular Wushu practice can help to improve mental focus, discipline and self-confidence, as well as improve the body's physical fitness through increased flexibility, endurance, and strength. In addition to teaching Chinese martial arts basics, the classes place an emphasis on individual improvement and team building games to encourage safe, healthy competition and camaraderie. Classes are meant to be challenging and fun, with instruction tailored according to each student's ability.

Instructor: Hao Zhihua (Patti Li)

Time/Day: Tuesdays and Thursdays, 3:30pm – 4:15pm

Grades: K and up

Class Fee: \$150/class if sign up for one class per week, \$135/class if sign up for two classes per week

Uniform Fee: \$15 Wushu West T-shirt

Required attire: Comfortable pants and shoes (such as sweat pants and sneakers)

5. Chen Style Tai Ji (陈氏太极)

The Chen Style Tai Ji is the oldest and parent form of the five main Tai Ji Quan styles. Chen Style Tai Chi Chuan combines many principles of movement with the development and cultivation of internal structure and energy. Chen Style uses hard, soft, fast and slow movements for offensive and defensive fight application. At the same time it is a method for the development of good health, preventing sickness, reducing stress and a way for meditation, quietness and relaxation. It is suitable for people of all ages, from children, youth, adults, to elderly. This class is an introductory level class for students without any prior training in Chen Style Tai Ji.

Instructor: Ya-Zhi He

Time/Day: Wednesdays, 4:30pm – 5:15pm

Grades: K and up

Class Fee: \$150

Required attire: Comfortable T-shirt, pants and shoes (such as sweat pants and sneakers)

6. Chinese Calligraphy (书法)

Calligraphy, the writing of characters, is an art which has developed over many centuries in China. This class introduces students to this ancient art through step-by-step instructions for using the brush and writing Chinese characters. As each character is made up by a series of single brushstrokes, the student will soon learn to recognize these as components of the completed character and the written Chinese language will become much less forbidding. The exercises in this class also encourage the students to experience the rhythm and sense of design in Chinese writing, thereby bringing an aesthetic dimension to their understanding of the Chinese language. In the end, students will build interest and confidence in writing Chinese characters.

Instructor: Ya-Zhi He

Time/Day: Fridays, 3:30pm – 4:15pm

Grades: K and up

Class Fee: \$150

Additional cost: Students will need to buy brushes, ink, and papers. The Instructor will provide more information before the class on what and where to buy.

7. Introduction to Chinese Music Instrument Gu Zhu (古筝入门)

Zheng 筝 is a Chinese musical instrument with a history of over two thousand years. Because it is rich in Chinese culture and history, the Zheng has been called Gu Zheng where “Gu” 古 means “ancient” in the Chinese language. Its horizontal box – shaped body is made of “Wu Tong” wood, a kind of soft-wood used extensively for making high-quality instruments. Gu Zheng players attach a little plectrum on each finger using a special tape. They hit the strings with the right hand while applying pressure with the left. When played with special fingering technique, it offers great versatility of sound and expression from tender, exquisite and moving music to exalting, forceful and majestic tunes. Gu Zheng has played an important part of Chinese history. In this class, students will learn the basic finger techniques to play Gu Zheng and eventually will be able to play simply melodies and songs.

Instructor: Ya-Zhi He

Time/Day: Fridays, 4:30pm – 5:15pm

Grades: K and up (4-6 students)

Class Fee: \$175

Additional cost: Students will need to buy Gu Zhen themselves. The Instructor will provide more information before the class on what and where to buy.

8. Extended Care (Homework Supervision and Mandarin Tutoring)

We will provide extended care in a Mandarin speaking environment during which Shu Ren teachers will supervise students with their homework and provide Mandarin tutoring. All teachers are native Mandarin speakers. Snacks will be provided to students who stay at Shu Ren from 3pm to 6pm.

Time/Day: Mondays – Fridays, 3pm – 6pm

Grades: K and up

Fee: \$10/hour or \$2.5/15 minutes (pre-paid card can be purchased at \$20, \$50, \$100, or \$200 value). Parents who purchase the pre-paid cards may pick them up at Shu Ren’s Administrative Office before the class starts.

Teacher Introductions

Teacher **Meng-Pei Chen** is our pre-Kindergarten teacher. She received her Master's Degree in Education from Dominican University of California and her Bachelor's Degree in Early Childhood Education from Taiwan. She worked with young Mandarin learners at many schools in the Bay Area including Marin Country Day School, Wah Mei School in San Francisco, and West Portal Elementary School in San Francisco.

Master **Hao Zhihua** is the founder of Wushu West (www.wushuwest.com), one of the most respected institutions of modern Wushu outside of China. She started her Wushu training at the age of nine in the Beijing Sports Academy under the instruction of Wu Bin, one of the highest ranked martial artists in China, who was director of the Beijing Institute for Wushu Research and a pioneer of modern Wushu in China. For fifteen years she competed in China as a top member of the world-renowned Beijing Wushu Team, winning the coveted title of National All-Around Champion three years in a row, in addition to setting many tournament records still unbroken today. She taught abroad before finally settling in Berkeley, California in 1990, where she currently provides instruction in Wushu, Tai Ji (Tai Chi), and Ba Gua in both English and mandarin Chinese. Her students consistently win top honors at both traditional and contemporary Wushu tournaments, including All-Around Champion and many of the top US Wushu team positions.

Teacher **Zhi-Ya He** was a teacher in Hua Xi elementary school in Gui Yang, Gui Zhou Province in China for seven years. Later she also taught at Hua Xi Agricultural elementary school for six years. In the past two years, she has been teaching Chinese, calligraphy, Chinese painting, singing, and Chen Style Tai Chi at CCEA New Sprouts Chinese School in Oakland.

Teacher **Kai Yao To** is our kindergarten teacher. She enjoys integrating the teaching of Chinese language with stories, art (Chinese brush painting), calligraphy, and history. She has been teaching Chinese language and cultural classes in the East Bay area for more than 7 years. Prior to joining Shu Ren, she was a kindergarten teacher at Albany School District's After-school Program for two years. She is an artist by training. She has taught Chinese brush painting at the East Bay Chinese School, and art at Berkeley-Albany Chinese School in Albany.

**Shu Ren International School
After School Enrichment Program
Fall 2008**

Registration Form

Contact Information

Student's Name	
Date of Birth	
Address	
School Currently Attending	Name
	Address
	Grade
Parent / Guardian 1	Name
	Day Time Phone
	Cell Phone
	Email
Parent / Guardian 2	Name
	Day Time Phone
	Cell Phone
	Email
Additional Individuals Authorized to Pick Up the Student	Name
	Day Time Phone
	Cell Phone
	Email
Additional Individuals Authorized to Pick Up the Student	Name
	Day Time Phone
	Cell Phone
	Email
If a medical emergency occurs, 911 will be called. List any medical information:	

Registration and Fees

Chinese Language and Cultural Enrichment Classes

Classes	Selected Days (please circle)		Fees (10 Weeks)	Your Selection Total (10 Weeks)
	1st choice	2nd choice		
Introductory Chinese				
2 times a week	M, Tu, W, Th, F	M, Tu, W, Th, F	\$240.00	
3 times a week	M, Tu, W, Th, F	M, Tu, W, Th, F	\$360.00	
4 times a week	M, Tu, W, Th, F	M, Tu, W, Th, F	\$432.00	
5 times a week	All 5 days		\$540.00	
Textbook fees	Required for all registered students		\$24.00	
Intermediate / Advanced Chinese				
2 times a week	M, Tu, W, Th, F	M, Tu, W, Th, F	\$240.00	
3 times a week	M, Tu, W, Th, F	M, Tu, W, Th, F	\$360.00	
4 times a week	M, Tu, W, Th, F	M, Tu, W, Th, F	\$432.00	
5 times a week	All 5 days		\$540.00	
Textbook fees	Required for all registered students		\$24.00	
Chinese Brush Painting	M		\$150.00	
Chinese Wushu				
1 time a week	Tu, Th	Tu, Th	\$150.00	
2 times a week	Both Tu and Th		\$270.00	
Uniform	Required for all registered students		\$15.00	
Chen Style Tai Ji	W		\$150.00	
Chinese Calligraphy	F		\$150.00	
Chinese Gu Zheng	F		\$175.00	

Extended Care

Amount

Pre-Paid Cards at \$20, \$50, \$100, and \$200 value

TOTAL =

Note:

1. No extended care fee will be charged from 4:15pm - 4:30pm if the student takes one class from 3:30pm - 4:15pm and another class from 4:30pm - 5:15pm.

Please initial each of the items below to indicate that you have read and understand the statements.

_____ **Behavior Policy:** I understand that my child is expected to follow all rules established by his or her instructor, and any failure to comply will result in dismissal from the program. I also understand that no refunds will be given under such circumstances.

_____ **Refunds:** I understand there are no refunds once classes begin unless a medical emergency occurs (Doctor's note needed) or the activity is canceled due to lack of enrollment.

_____ **Transfers:** I understand that a \$15 service fee is required to transfer from one session to another.

_____ **Returned Checks:** I understand that a \$25 fee will be charged for returned checks.

Waiver Statement

I give permission for my child, _____ to participate in the above listed After School Enrichment Program(s) at Shu Ren International School. In doing so, I hereby absolve Shu Ren International School from all liability that may arise as the result from above named child's participation in the activities listed above. I recognize and acknowledge that there are certain risks inherent in my child's participation in said program and I agree to assume the risk of accident or injury sustained in connection with the program. I further release Shu Ren International School, its officers, employees, agents and volunteers from all liability that may arise as the result from above named child's participation in the listed activities. I realize that Shu Ren International School is not responsible for lost or stolen articles. I have read and fully understand the terms of this Waiver, Release and Indemnity.

Parent/Guardian 1 signature

Date

Parent/Guardian 2 signature

Date