



Shu Ren International School

Fall 2009 After School Program (Sep 1 – Nov 20)

Registration Form

www.ShuRenInternationalSchool.com

1333 University Avenue, Berkeley, CA 94702

Phone: (510) 981-0320 and (510) 981-0291

I. Contact Information

Student's Name	
Date of Birth	
Home Address	
School Currently Attending	Name
	Address
	Grade
Parent / Guardian 1	Name
	Day Time Phone
	Cell Phone
	Email
Parent / Guardian 2	Name
	Day Time Phone
	Cell Phone
	Email
Additional Individuals Authorized to Pick Up the Student	Name
	Day Time Phone
	Cell Phone
	Email
Additional Individuals Authorized to Pick Up the Student	Name
	Day Time Phone
	Cell Phone
	Email
If a medical emergency occurs, 911 will be called. List any medical information:	

II. Transportation

1. Do you need pick-up from your child's school (\$5/per trip)? Yes ____ No ____
2. If yes, please let us know the time, specific location for pick-up, child's school/teacher contact information, and type of car seat required:

3. Please let us know whether your child's school provides back-up childcare in case of a late pick-up. If yes, please let us know where we may find your child and how long the backup childcare can be.
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4. Are you interested in finding a carpool match from your child's school? Yes ____ No ____

III. Registration and Fees

Classes on Mondays and Wednesdays will focus on Listening and Speaking

Classes on Tuesdays and Thursdays will focus on Reading and Writing

Classes on Fridays will focus on Reviewing the week's material

After-School Program (including one hour of Mandarin from 3:30 - 4:30pm)	\$/Hour	Selection		
		Day (Please circle)	Total # of Hours	Total Cost
5 days a week (3pm - 6pm)	\$7	M, Tu, W, Th, F	159	\$1,113
4 days a week (3pm - 6pm)	\$8	M, Tu, W, Th, F		
3 days a week (3pm - 6pm)	\$9	M, Tu, W, Th, F		
2 days a week (3pm - 6pm)	\$10	M, Tu, W, Th, F		
Additional Enrichment Classes				
Chinese Dancing (age 5-10)	\$10	Mondays (4:30pm - 5:30pm)		
Chinese Tai Chi for Children (age 5-10)	\$10	Thursdays (4:30pm - 5:30pm)		
Suzuki Violin (age 3-4, 2-4 students)	\$30/half hr.	Tuesdays (3:30pm - 4:00pm)		
One Hour Mandarin Class Only				
5 days a week	\$12	M, Tu, W, Th, F (3:30 - 4:30pm)		
4 days a week	\$13	M, Tu, W, Th, F (3:30 - 4:30pm)		
3 days a week	\$14	M, Tu, W, Th, F (3:30 - 4:30pm)		
2 days a week	\$15	M, Tu, W, Th, F (3:30 - 4:30pm)		
Chinese Dancing (age 5-10)	\$20	Mondays (4:30pm - 5:30pm)		
Chinese Tai Chi for Children (age 5-10)	\$20	Thursdays (4:30pm - 5:30pm)		
Suzuki Violin (age 3-4, 2-4 students)	\$30/half hr.	Tuesdays (3:30pm - 4:00pm)		
Pick-Up (\$5/trip, please call the School for availability before paying)				
Registration Fee				\$25
Total				

Notes:

- 1) Please see after-school program calendar on p.4 for no class days.
- 2) One payment for the entire session is due at Registration.
- 3) A minimal number of students are required for a class to start.
- 4) Enrichment class schedule is to be announced later.

IV. Enrichment Classes

1. Chinese Dancing (中国民族舞蹈)

Instructor: Ah-Lan

Time/Day: Monday, 4:30pm – 5:30pm (starting on Monday, September 14)

Age: 5-10

Class Fee: \$20/hour, \$180 per session (9 classes)

Class description: China has a rich dance tradition including dances of the numerous ethnic groups and regions of China. China is home to 56 minority ethnic groups, and almost each group has its own unique dance style. In this session, the first 30 minutes of each session will focus on warm-up with ballet technique and characteristic basic Chinese dance movements and positions. The second 30 minute segment will teach / introduce popular Chinese traditional dance.

Ah-Lan has been a professional dancer and dance teacher for more than 25 years. She was trained in traditional Chinese dance and ballet as a child in Hangzhou, China and as a young adult performed with several different dance troupes all across China for several years. Ah-Lan later went to Japan to teach dance, and from there continued on to the United States, where she has taught traditional Chinese dance for almost ten years. She has recently founded a Chinese Culture and Arts Program, including courses in Chinese dance, visual arts, and music, with the goal of introducing traditional Chinese arts & crafts to interested adults and children in the East Bay. Her dance group performs frequently all over the Bay Area.

2. Chinese Tai Ji (Tai Chi) for Children (幼儿太极)

Instructor: Ya-Zhi He

Time/Day: Thursday, 4:30pm – 5:30pm (starting on September 10)

Age: 5 - 10

Class Fee: \$20/hour, \$220 per session (11 classes)

Required attire: Comfortable T-shirt, pants and shoes (such as sweat pants and sneakers)

Class description:

Imagine a classroom where students have learned to focus on the work but are relaxed, have developed the self-confidence they need to proceed, have a reasonable level of fitness, muscle tone and balance, are free of excessive fears and anxiety. Imagine a child whom you love having these same skills. It can be achieved. For thousands of years, the Chinese have been using simple exercises, focused breathing and internal focus and concentration to achieve total health: mental, emotional and physical.

Recent studies have shown remarkable results of Tai Chi practice:

A study at the **University of Miami, Touch Research Institute** showed that adolescents with ADHD showed improved behavior, less daydreaming and hyperactivity after 10 sessions.

The **American Journal of Medicine and Sports**, (Vol III, Number II, March/April 2001) lists a series of studies showing that Tai Chi can improve concentration, focus, performance, physical

and emotional balance, can reduce blood pressure, anxiety and depression, can improve reactions to stressful situations and can improve our overall health by enhancing our immune system.

Teacher He has been practicing and teaching Tai Chi for more than twenty years. She is a certified Tai Chi instructor from the Chinese Wu Shu Association (中国武术协会). Before came to the U.S., she was invited to teach in many universities around China. She taught Shu Ren after-school class in 2008-09 school year and will work as the Teacher Assistant in our pre-K class in 2009-10 school year. In the past three years, she has also been teaching Chinese, calligraphy, Chinese painting, singing, and Chen Style Tai Chi at CCEA New Sprouts Chinese School in Oakland.

3. Suzuki Violin (铃木小提琴)

Instructor: Annette Swarzeuski (Class will be taught in English)

Time/Day: Tuesday, 3:30pm – 4:00pm (starts on September 8)

Grades: Pre-K (ages 3-4) (Class size: 2-4 students per class).

Class Fee: \$30/half hour, \$330 per session (11 classes)

Additional Expenses: Rental or Purchase of Instrument. Purchase of Suzuki Book 1 and accompanying CD. The instructor will advise on the sizing of the instrument at the first lesson.

Class Description: Enriching Children's Lives through Music... The purpose of Suzuki training is to help every child find the joy that comes through music making. Through the mother-tongue approach, children develop confidence, self-esteem, self-discipline, concentration, and the determination to try difficult things. Dr. Suzuki's primary goal was never just to teach young people how to play a musical instrument. Rather, he championed the contribution music can make in the total learning process. In the environment of the Suzuki method, children develop a lasting enjoyment of music.

The class consists of weekly 30 minutes semi-private (2-4 students) lessons. Parents are required to attend the semi-private lessons. In the first class the instructor will advise on the sizing of the instrument.

The instructor of this class is Annette Swarzeuski who is a member of SAA (Suzuki Association of the Americas), and a faculty member of S.M.A.R.T from 1999-2005 (Suzuki Music Association of Reno/Tahoe). She has been teaching in her private studio for 15 years.

V. School Policies

Please initial each of the items below to indicate that you have read and understand the statements.

_____ **Behavior Policy:** I understand that my child is expected to follow all rules established by his or her instructor, and any failure to comply will result in dismissal from the program. I also understand that no refunds will be given under such circumstances.

_____ **Refund Policy:** I understand that there are no refunds once classes begin unless a medical emergency occurs (Doctor’s note needed) or the activity is canceled due to lack of enrollment. There is no refund or reduction in tuition for family vacations.

_____ **Pick-up Policy:**

- (1) I understand that I shall provide Shu Ren International School notification of any schedule changes of my child(ren). The notification will occur at least one day before the class day. In an emergency situation, I shall contact the School as soon as possible concerning any changes. **Failure to provide prior notification of schedule changes will result in a charge \$50 for the first incidence and \$100 for the second incidence.**
- (2) I understand that I am responsible to communicate with my child(ren)’s teacher/school to ensure that my child(ren) arrive at the designated pick-up place on time.

_____ **Sign-out Policy:** I understand that I (or my designated pick-up person) will sign out when picking up the my child(ren). The sign-out sheet is located by the door of the classroom.

_____ **Late Pick-up Fee:** I have read and understand Shu Ren’s policy on Late Pick Up. There is a 5-minute grace period after the scheduled pick-up time. After the 5-minute’s grace period, each minute late will be charged at \$1/minute (including the 5-minute grace period). That is, if the actual pickup time is 6:10 p.m., a \$10.00 late fee will be charged.

_____ **Transfers:** I understand that a \$15 service fee is required to transfer from one session to another.

_____ **Returned Checks:** I understand that a \$25 fee will be charged for returned checks.

VI. Wavier Statement

I give permission for my child, _____ to participate in the above listed After School Program(s) at Shu Ren International School. In doing so, I hereby absolve Shu Ren International School from all liability that may arise as the result from above named child’s participation in the activities listed above. I recognize and acknowledge that there are certain risks inherent in my child’s participation in said program and I agree to assume the risk of accident or injury sustained in connection with the program. I further release Shu Ren International School, its officers, employees, agents and volunteers from all liability that may arise as the result from above named child’s participation in the listed activities. I realize that Shu Ren International School is not responsible for lost or stolen articles. I have read and fully understand the terms of this Waiver, Release and Indemnity.

Parent/Guardian 1 signature

Date

Parent/Guardian 2 signature

Date

Shu Ren International School

After-school Program Calendar (2009-2010)

Fall Session Days
No Class Days

Winter Session Days

Spring Sessions Days

September						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

January						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

February						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

March						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

June						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Number of days with classes by each day of the week:

Fall:	M - 09; Tu - 12; W - 11; Th - 12; F - 08	Total = 52 Days
Winter:	M - 11; Tu - 12; W - 12; Th - 12; F - 07	Total = 54 Days
Spring:	M - 11; Tu - 12; W - 12; Th - 12; F - 08	Total = 55 Days